

# STUDIO *L* DANCE SYLLABUS

## Recreational Class Syllabus

### Petite 6-8

#### Ballet

| Dance Step  | How well should the dancer know how to do the step? |
|---|---|
| Difference between parallel and turnout                                 | Know well   |
| 1st, 2nd, 3rd, 4th, 5th positions w/arms                                | Know well   |
| Demi plie in 1st, 2nd, 3rd, 4th, 5th                                    | Execute well  |
| Grande plie in 1st, 2nd, 5th  | Can execute   |
| Bourees w/teacher preferred arms  | Execute well  |
| Ballet Courtesy   | Execute well  |
| Chaine  | Execute well  |
| Relevae vs. Standing Flat Feet  | Know well   |
| Tendus in 1st, 2nd, 5th   | Execute well  |
| Degegaes in 1st, 2nd, 5th   | Can execute   |
| Ron de jambe in 1st   | Execute well  |
| Battements (dancers will only kick legs 90 degrees) *teacher can assess | Can execute   |
| Passe (sliding foot to knee and lowering)                               | Execute well  |
| Single Pirouette  | General idea (can execute)                          |
| Difference between pointing and flexing foot                            | Know well   |
| Arabesque   | Can execute   |

|                      |              |
|----------------------|--------------|
| Leaps                | Can execute  |
| Chasses              | Execute well |
| Echappe              | Execute well |
| Step Pique (no turn) | Can execute  |
| Glissade             | Can execute  |
| Pas de bourree       | Execute well |
| Balance              | Execute well |
| Saute                | Execute well |

## Tap

| <b>Dance Step</b>   | <b>How well should the dancer know how to do the step?</b> |
|---------------------|--|
| Toe taps            | Execute well   |
| Stomp               | Execute well   |
| Shuffle             | Execute well   |
| Shuffle Hop         | Execute well   |
| Shuffle Step        | Execute well   |
| Shuffle Ball Change | Execute well   |
| Side Dig            | Execute well   |
| Side Heel Dig       | Execute well   |
| Heel Stomp          | Execute well   |
| Hop Step            | Execute well   |
| Kick ball change    | Execute well   |
| Falap               | Execute well   |

|                   |              |
|-------------------|--------------|
| Falap heel        | Execute well |
| Falap ball change | Execute well |
| Maxiford          | Can execute  |
| Buffalo           | Can execute  |
| Back Essence      | Execute well |
| Time step         | Can execute  |
| Paradiddle        | Execute well |