

## **Recreational Program Syllabus**

## Mini 5-6

## Ballet

Dance Step	How well should the dancer know how to do the step?
Difference between parallel and turnout	Know well
1st, 2nd, 3rd, 4th, 5th position w/ arms	General concept (1st, 2nd, 5th are well known)
Demi Plie in 1st, 2nd, 5th position	General idea (more well known)
Grande plie in 1st	General idea (Can execute)
Bourrees w/ teacher preferred arms	Execute well
Ballet Courtesy	Execute well
Chaine (3 step turn)	Execute well
Relevae vs. Standing Flat footed	General idea of concept
Tendus in 1st position	Can execute
Passe (sliding foot to knee and lowering)	Can execute
Difference between pointing and flexing feet	General idea of concept
Arabesque	General idea *Added in as a fun move (can execute)*
Leaps	General idea *Added in as a fun move (can execute)*
Chasses	Can execute
Echappes	Can execute
Balance	Can execute

## Тар

Dance Step	How well should the dancer know how to do the step?
Toe taps	Execute well
Stomp	Execute well
Shuffle	Execute well
Shuffle Hop	Execute well
Shuffle Step	Execute well
Shuffle Ball Change	Execute well
Side Dig	Execute well
Side Heel Dig	Execute well
Heel Stomp	Execute well
Hop Step	Execute well
Kick ball change	Execute well
Falap	General idea (can execute)
Falap heel	General idea (can execute)
Falap ball change	General idea (can execute)